



Finsbury Park Cycling Club

presents

The Finsbury Park CC Spoco 25 Mile Time Trial

'For and on behalf of Cycling Time Trials under their Rules & Regulations'

Saturday 23rd April 2022 2pm start

This event is a counter for the Spoco SE competition and a counter for the LNDC Millennium competition (5of 9).

Event Headquarters: Steeple Morden Village Hall
29 Hay Street
Steeple Morden
Herts
SG8 0PD

Event Secretary: Neal Marrin
Neal127@btinternet.com
Tel: 07802 834700

Time Keepers: Gordon Hart
Vince Freeley

Awards

Men

1st - £30
2nd - £20
3rd - £10
1st Vet 60+ - £10

Women

1st - £30
2nd - £20
3rd - £10
1st Vet 50+ - £10

1st Team of 3 - £5 each

1st Espoir - £10

One rider One award except for team

HQ car parking is available but it is a public car park and not owned by the village hall, if you can ride out please do so. There is next to no parking in the village and even less in Guilden Morden, if you are parking in the village be considerate to local residents. Please **read** the riders notes below.

The latest CTT Covid-19 Risk Assessment can be found here:

<https://cyclingtimetrials.org.uk/documents/index/covid-19>

Rider's Notes

1. The threat of Covid-19 and the risk of infection does still remain. If you are feeling unwell or showing signs of Covid-19 then please do not attend any CTT event.
2. There are changing facilities at the HQ and toilets. Refreshments will be offered based on donations.
3. Signing on will be in the HQ hall or outside if the weather is good from 1pm
4. Warm-up on the road, the start is approximately 3 miles from the HQ so allow 20 minutes to get to the start – **no** parking anywhere on the course except for timekeepers at the start and finish areas.
5. Competitors upon finishing should not stop at the finish and proceed to the HQ, return their number and must sign out. Failure to do so will result in a DNF.
6. Results and prizes will be presented in the HQ.
7. All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard, see CTT Regulations/15 Protective Helmets for more details.
8. A working red rear light and a white front light either flashing or constant must be fitted to the machine in a position visible to road users and is active whilst the machine is in use.
9. No U turns to be performed within sight of the START or FINISH. Performing this dangerous manoeuvre may result in disqualification and disciplinary action.
10. Whilst marshals are present on the course, the onus is on all riders to familiarize themselves with the course.
11. **CAUTION** - T junction with A1198; metal lid at approach to junction

Course F14/25 - Guilden Morden circuit

START: GR263466, on the Wrestlingworth-Guilden Morden road approx. 540 yards south of Wrestlingworth crossroads and 460 yards north of Common Farm. Proceed south to Guilden Morden where turn **LEFT** (M) 1.95 miles (2nd circuit 13.73 miles) into New Road leading to Shingay cum Wendy and Wendy to T junction 6.34 miles (2nd circuit 18.12 miles) with A1198. At junction **LEFT (CAUTION)** (M) to roundabout, where **LEFT** (M) onto B1042 to Tadlow and cross roads at Wrestlingworth where **LEFT** (M) 11.48 miles (2nd circuit 23.26 miles) on unclassified road to Guilden Morden and pass start – Repeat circuit and pass start again and in approx. 1.5 miles to: **FINISH** GR277448, south of farm entrance, 50 yards south of Water Hydrant sign, 72 yards north of Bend sign and 149 yards north of large 30 sign.

No.	Start Time	First Name	Last Name	Club	Gender	Category
1	2.01	Ian	Bibby	Finsbury Park CC	Male	Veteran
2	2.02	Brenda	Bozwood Davies	Team Trident	Female	Veteran
3	2.03	Bill	Rogers	St Ives CC	Male	Veteran
4	2.04	Richard	Pratt	Icknield RC	Male	Veteran
5	2.05	Tim	Davies	CC Luton	Male	Veteran
6	2.06	Emily	Knight	Bishop's Stortford CC	Female	Espoir
7	2.07	Neil	Barford	45 RC	Male	Veteran
8	2.08	Andrew	Porter	Welwyn Wheelers	Male	Veteran
9	2.09	Hilary	Briggs	Serpentine Running Club	Female	Veteran

10	2.10	Jacob	Storey	Partenza-Nude Espresso RT	Male	Senior
11	2.11	Louise	Robinson	Essex Roads CC	Female	Veteran
12	2.12	Jonathan	Brown	Total Tri Training	Male	Senior
13	2.13	John	O'Gorman	Team Trident	Male	Senior
14	2.14	Sue	Rogers	Crest CC	Female	Veteran
15	2.15	Simon	Murphy	St Neots CC	Male	Veteran
16	2.16	Nicholas	Coe	Verulam CC	Male	Veteran
17	2.17	Sean	McDougall	Icknield RC	Male	Veteran
18	2.18	Alan	Harvey	Finsbury Park CC	Male	Veteran
19	2.19	Richard	Walkland	Bedfordshire Road CC	Male	Senior
20	2.20	Sam	McDonald	St Neots CC	Male	Senior
21	2.21	Tony	Ball	Legato Racing Team (LRT)	Male	Veteran
22	2.22	Peter	Tibbitts	Ford CC	Male	Veteran
23	2.23	James	Conolly	Watford Velo Sport	Male	Senior
24	2.24	Tony	Shortland	Team Trident	Male	Veteran
25	2.25	John	Manlow	Ely & District CC/B&T Motor Repairs	Male	Veteran
26	2.26	Andrew	Bradley	Hemel Hempstead CC	Male	Veteran
27	2.27	Paul	Caton	Verulam Really Moving	Male	Veteran
28	2.28	Peter	Redshaw	CC London	Male	Veteran
29	2.29	Richard	Pimlott	Finsbury Park CC	Male	Veteran
30	2.30	Timothy	Torrie	trainSharp Development Team	Male	Senior
31	2.31	Peter	Richards	Icknield RC	Male	Veteran
32	2.32	Sebastian	Harrison	Islington Cycling Club	Male	Senior
33	2.33	Simon	Neatham	Finsbury Park CC	Male	Veteran
34	2.34	Darren	Greene	Team Trident	Male	Veteran
35	2.35	Grant	Orsborn	Bedfordshire Road RT	Male	Veteran
36	2.36	Steve	Clarke	TMG Horizon Cycling Team	Male	Veteran
37	2.37	William	Burton	Cambridge CC	Male	Espoir
38	2.38	Harry	Moore	Cycling Club Hackney	Male	Veteran
39	2.39	Garret	Fay	Icknield RC	Male	Veteran
40	2.40	Luke	Clarke	TMG Horizon Cycling Team	Male	Senior
41	2.41	Derek	Ricketts	Ely & District CC/B&T Motor Repairs	Male	Veteran
42	2.42	Duncan	Godfrey	Team Trident	Male	Veteran
43	2.43	Gregory	Smith	Finsbury Park CC	Male	Veteran
44	2.44	Gary	Freer	Team Trident	Male	Veteran
45	2.45	Josh	Crow-Stewart	Arctic Aircon RT	Male	Senior
46	2.46	Mark	Edmonds	Shaftesbury CC	Male	Veteran
47	2.47	Joe	Gorman	Arctic Aircon RT	Male	Senior